

Scott Rogers Publications

SCIENCE:

- Denkova E., Zanesco A.P., Rogers S.L. & Jha A.P. (in press). Is Resilience Trainable? An Initial Study Comparing Mindfulness and Relaxation Training in Firefighters. *Psychiatry Research*.
- Jha, A., & Rogers, S., (2019) The Science of Mindfulness and the Practice of Law, 36(3) ABA GP Solo 32.
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- Jha A. P., Zanesco A. P., Denkova E., Morrison A. B., Ramos N., Chichester K., Gaddy J., & Rogers S. (2019). Bolstering Cognitive Resilience via Train-the-Trainer Delivery of Mindfulness Training in Applied High-Demand Settings. *Mindfulness*.
- Jha, A. P., Rogers, S. L., Schoomaker, E., & Cardon, E. (2019). Deploying Mindfulness to Gain Cognitive Advantage: Considerations for Military Effectiveness and Well-being. *NATO Science and Technology Conference Proceedings*, pp 1-14.
- Zanesco, A. P., Denkova, E., Rogers, S. L., MacNulty, W. K., Jha, A. P., (2018). Mindfulness training as cognitive training in high-demand cohorts: an initial study in elite military servicemembers. *Progress in Brain Research*.
- Rooks, J., Morrison, A. B., Goolsarran, M., Rogers, S. L., & Jha, A. P. (2017). *"We Are Talking About Practice": The influence of mindfulness vs. relaxation training on athletes' attention and well-being over high-demand intervals. Journal of Cognitive Enhancement*, 1(2), 141-153.
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- Rogers, S.L. (2008). *The hand-dial: An interpersonal neurobiology application for teaching mindfulness to lawyers*, 2008 Interpersonal Neurobiology Session with Daniel Siegel's Mindsight Institute, (Paper on file with author and podcast available on iTunes).

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LAW:

Rogers, S.L., McAliley, C., & Jha, A.P. (2018). Mindfulness training for judges: mind wandering and the development of cognitive resilience. *Court Review*, Vol 54, pp 80-89.

Rogers, S., *Mindfulness and the Importance of Practice* (April 2016). 90 (4) Fla. B. J.

Rogers, S., *The Role of Mindfulness in the Ongoing Evolution of Legal Education*, (2015). 36 U. Ark. Little Rock L. Rev. 227.

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